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## comment

#### **Today's biggest problems**

defy simple, short-sighted solutions," commented Ambassador (Ret) David Carden in the South China Post on February 19. Although Carden was referring to the



global response in the face of Covid-19, his thoughts on complex adaptive systems are applicable to the whole gamut of crisis risks.

On p4 of this edition of *CRJ*, we discuss the Global Risks Report 2020, which forecasts a year of increased domestic and international divisions. It says: "Systems-level thinking is required to confront looming geopolitical and environmental risks and threats that may otherwise fall under the radar." On p12 Michele Wucker points to the need for greater systems-level thinking when considering far reaching global challenges such as climate.

Wucker also highlights the benefits in terms of resilience in societies where people do not just consider themselves as individuals, but as part of a larger group.

"Thinking holistically is part of what transformation research is all about. We can't all be running around doing our own thing individually," notes Professor Wilson of Ohio State's School of Environmental and Natural Resources, in a call for less focus on individuals and more work to inspire collective action in preparedness for climate threats (p4).

As Amy Pope says on p16: "No single government, or even a multilateral institution, is equipped to respond to any major disaster alone. In a world where major governments are choosing their own countries first, we are fighting disasters with one arm tied behind our backs."

Pope continues: "Ultimately, we need to rethink the way that societies engage collectively. In the absence of leadership from governments, there is an opportunity for corporations, non-governmental actors and individuals to influence the debate, push for reform, build coalitions and fill the gaps ... "

So in this fractured landscape, who is stepping in to fill the yawning gap in trust and governance? Interestingly, the 2020 Edelman *Trust Barometer* (p6) notes that: "Business has leapt into the void left by populist and partisan government." Other factors in achieving a holistic, co-operative approach include cognitive diversity (p8), cultural understanding (p74), citizens themselves (p78) and spontaneous volunteers (p80).

Fractures can be healed. Admittedly, this can be a painful process, but it does appear that a fundamental change in thinking is now imperative. We all have a role to play in this.

## **Creating leaders on the cyber battlefield**

What leadership skills and qualities are needed when dealing with a cyber incident? **Jeffrey Crump** explores practical ways to conduct effective and comprehensive cyber crisis management training

> uch has been written regarding decision-making during a crisis. However, very little has been published on the different influences and thought processes that affect crisis decision-

making, and even less has actually been done to help crisis leaders become better at decision-making when under pressure. Let us explore these facets to determine how organisations can reduce risk and increase organisational resilience by outfitting leadership with the mental muscle memory needed to lead effectively during a crisis.

Preparing leaders for future crises presents many challenges to trainers. Leaders must be able to take effective and sometimes independent action across a diverse range of possible situations. They must be able to make quick decisions under complex, uncertain and very fluid conditions. With our reliance on technology, nowhere have these conditions been more dynamic than in the cyber battlegrounds, where organisations and governments face malicious threat actors ranging from beginner script kiddies practising their hacking skills, to well-organised, co-ordinated hacktivists seeking to punish those who disagree with their cause.

This extends to even more advanced persistent threats (APTs) that may be backed by a global financially-motivated cybercrime ring, or nation states seeking to steal valuable intellectual property or to gain a foothold in an adversary's critical industrial control systems that supply water and energy.

Crisis planning is essential, but these cyber-related risks mean that cyber crisis management planning has emerged as an important pathway to risk reduction. From a high level, organisations must develop a cyber crisis management plan (CCMP). This should extend well beyond the traditional information technology incident response plan and deliver a cross-organisational plan that integrates the functional incident response plans of key functions such as IT, privacy, legal, marketing, physical security, core business units and so on.

Like other crisis management plans, developing and executing tabletop exercises are essential to validating and optimising the functional incident response plans and the overarching, integrated CCMP. It is during these exercises where crisis leadership skills, or lack thereof, become apparent. However, owing to personal traits and organisational influences, opportunities to make crisis leaders better often get swept under the carpet. We must recognise that tabletop exercises are designed to validate and test the plan's activities, inter-relationships, and logistics; they are not designed to be safe spaces for crisis leaders to cut their teeth. A crisis leader who walks away from a CCMP tabletop exercise humiliated and embarrassed by their own performance is a victim of the organisation's lack of overall crisis training.

We know that there is a multitude of personal and professional influential factors to be considered. The best place to start when developing high-performing, confident cyber crisis leaders is by building an unbiased personality and performance profile. Leadership assessments can provide a unique perspective of a leader's performance capabilities, challenges and underlying motivators. This information can be used as input to develop a cyber crisis leadership strengths, weaknesses, opportunities, threats (SWOT) analysis, which the leader and trainer use to drive improvements.

When we have this information, we can begin the process of preparing leaders to manage crises effectively in a training environment that is safe, one that allows a crisis leader to practise without critical judgement. Coupled with physiological data points such as galvanic skin response, pulse rate, and eye tracking collected during mock situations, it can paint a high-resolution crisis leadership image.

Following a typical tabletop exercise, it is common to complete an after-action report (AAR), which documents the conditions and results of a cyber crisis incident and war game. The AAR should include an executive summary, overview of the exercise scenario and objectives, approach taken by the exercise lead and participants' level of engagement, attack storyline and observed reactions, and areas identified for improvement, including details regarding the gaps in the functional incident response plans. Where this wrap-up activity typically falls short is in not delivering one-on-one leadership performance feedback, which can result in the leader assuming their processes and performance were optimal, despite this possibly being the opposite of the truth. In other words, it can reinforce sub-optimal traits.

On a typical business day, organisational leaders are tasked with making a variety of decisions. During these times the leader employs a classical approach to decision-making by considering a range of options, weighing each one, then selecting the option that best serves the situation. What some people fail to realise is that the decision-making process used under low-stress conditions is very different from high-stress, timeconstrained, context-free, naturalistic conditions. Hence, a leader who has a reputation for making sound strategic decisions may falter when faced with high-pressure demands. Under these heightened conditions, the leader must be able to make fast, accurate assessments of the decision situation under uncertain and rapidly changing conditions, with severe time constraints.

#### Garbage in, garbage out

To be successful as a cyber crisis leader, or any crisis leader, requires strong situational awareness. Such leaders need an ability to perceive and comprehend large volumes of information in a short amount of time and then make sound decisions. These cognitive processes require identification of the various meaningful elements in the environment, understanding what these elements are, and translating this into an understanding of possible future events. Things often go wrong for organisations when the crisis leader makes the correct decision based on perception, but faulty situational awareness leads to incorrect perceptions. In the data world, this is called 'garbage in, garbage out'.

In order to gain the right situational awareness, thought processes have to shift from a classical to a naturalistic approach. During a crisis, the leader must have gained the skills to achieve situational awareness to identify the key situational components, because these significantly shape the crisis decision-making strategy. We already know that tabletop exercises are not the place for this training, so

specialised cyber crisis leadership boot camps are needed to close this significant training gap. However, these can be costly and disruptive to day-to-day operations.

So where can we find an alternative training environment that is more affordable and has less negative operational impact than flying an organisation's cyber crisis management and response leadership team members to an offsite facility for several days; one that is flexible enough to be configured for a variety of exercise scenarios; which provides a safe space for leaders to fail forward; and employs personal, one-on-one performance feedback? Based on research conducted by the US Army Research Institute for the Behavioral and Social Sciences, that place is virtual reality (VR).

In the two decades since the Army's seminal work proving the effectiveness of using virtual environments to train real world decision-making skills under high-stress conditions, VR has come into the mainstream as a cost-effective, flexible and readily available training platform. For many organisations, the use of VR for training will be a new experience, which may slow, but not prevent, adoption.

Virtual training environments are an exciting and innovative solution for a significant risk facing most organisations - ineffective cyber crisis leadership. As clichéd as it sounds, reducing cyber risk and increasing organisational resilience requires a combination of people, process and technology, but begins with building, testing and validating a solid cyber crisis management plan, and ensuring that those tasked with leading the crisis response are trained and skilled to do just that. CR



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